Diploma of Specialised Bowen Therapy 10534NAT

Bowen Training Australia offers a unique opportunity to learn ‘Bowtech™ The Original Bowen Technique’ and join an international network of Bowenwork™ practitioners which is influencing healthcare in nearly every country worldwide.

bowentraining.com.au
What is Bowen Therapy?

Bowen therapy is a gentle, non-invasive, soft-tissue remedial therapy, based on the work of the late Thomas Ambrose Bowen (1916 -1982).

Flexible Study Options
Delivered by blended learning: distance learning plus face-to-face modules

Course Duration
Part-time over a minimum of 12 months and a maximum of 2 years

Course Start Dates
Courses run continuously in many locations around Australia throughout the year
Visit www.bowentraining.com.au to find a course near you

Course Entry Requirements
Successful completion of the Certificate IV in Bowen Therapy 10533NAT
Applicants must be aged 18 years or over

Course Requirements
Professional Indemnity and Public Liability Insurance
Current First Aid certificate – HLTAID003 Provide First Aid
Access to an electronic device with the Microsoft Suite – Word, Powerpoint and Excel

Your Qualification with Bowen Training Australia
Further refine your skills through learning assessment skills and specialised moves to gain in-depth understanding of how Bowen promotes healing in the body. Your specialised knowledge will better assist you in treating persistent health issues, through alleviating pain and enhancing muscle function.

Payment Options
• Pay As You Go, only paying for what you enrol into
• No upfront costs
• No equipment required to commence
• Centrelink funding available to those who are eligible, see page (4)

Reasons to study the Diploma of Specialised Bowen Therapy
• Your clients will be able to receive health rebates*
• Gain specialist knowledge & skills to better support your clients’ health needs
• Diploma level graduates apply their in-depth technical skills & theoretical knowledge to offer a more individualised treatment

Testimonial
“Completing the Diploma has taken my work as a Bowen therapist to the next level. I am better equipped to assess my clients to provide them with the best treatment, bringing me and my clinic up to a more professional standard. Bowen has changed my life and I love that I can support other people to achieve health and wellbeing through Bowen therapy.”

Lorraine Manuel
Diploma Bowen Training Australia Graduate

*Note: The information detailed is current at the time of printing; Bowen Training cannot take responsibility for any changes that occur to Australian Health legislation.

HOW TO APPLY?
Visit www.bowentraining.com.au to find a Module 8 class near you
Click “Register Now” to register directly with your instructor

1300 833 252
info@bowentraining.com.au
You will be assessed on an ongoing basis throughout your training via practical and written in-class assessments including Pathologies, Logbook, Reflection and Case Studies. There are 10 assessments.

Study time
We recommend allowing 1-2 hours per module/unit, per week for at home learning tasks, including assessments, reading, and homework tasks.

Funding for Student Fees
Students considering income support such as Youth allowance or Austudy for Diploma of Specialised Bowen Therapy 10534NAT should contact Centrelink to discuss eligibility. Please inform your instructor at Module 8 if you would like to explore the option for Centrelink assistance.

Your instructor will inform BTA and a standard letter from the College will be emailed to you to take to Centrelink to confirm your enrolment with the college.

Career Opportunities
- Managing a clinic
- Enhanced/specialised treatment
- Starting your journey to become a BTA instructor
- Joining an established natural therapies or allied health clinic
- Using Bowen therapy as an adjunct modality in an existing health practice. Many of our Bowen therapists also work as sports therapists, personal trainers, nurses, midwives, naturopaths, complementary medicine practitioners, energetic healers, massage/bodywork practitioners, yoga instructors and more.
- Specialist areas of interest include: chronic conditions, working with the elderly, babies and children, pre and post natal care, sports and personal training, stress management, trauma, body-mind aspects, rehabilitation and more.
Course Information
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Continuing Education
Bowen Training Australia offers a wide range of continuing education workshops, including specialist workshops in anatomy, assessment techniques, specific health conditions, business skills and energetic/emotional perspectives. Whilst these workshops are not part of the nationally recognised training, they are Bowtech-accredited and eligible for Continuing Education points with Bowen Association Australia.

Distance Learning
Also referred to as “training package units” in our course competencies. There are eleven assessment tasks to be completed via distance learning.

You Will Need
Internet access is required to download distance units.
Access to an electronic device with the Microsoft suite - Word, Powerpoint and Excel.
To assist your learning journey, support is available from your Instructor and BTA assessors.

Testimonial
“Bowen therapy was so effective at treating my back pain, I knew I had to learn it for myself. Training with BTA gave me a thorough understanding of the technique and helped me build my skills in a professional and inspiring program. Initially, I didn’t intend on making a career out of Bowen therapy, but with study, practice and lots of encouragement I realised a professional Bowen practice could be the career change I had sought for so long. BTA equipped me with the business skills and knowledge to guide me into my new career. Completing the Diploma really improved my assessment skills and gave me fantastic procedures that have been so valuable for my clients. I love the positive effect Bowen therapy has on people’s lives. It has certainly changed mine.”

David Thorpe
Diploma Bowen Training Australia Graduate

Study Breakdown
This course consists of two areas of study:

Practical In-Class Modules
Enterprise Units presenting specialised Bowen Therapy procedures.
This is comprised of five, three-day, Instructor-led classroom modules that need to be completed in sequence.
Each Module is delivered over three days, with each training day comprised of eight hours.
A minimum of two months is required between Modules 8-9 and 9-10.
A minimum of three months is required between Modules 10-11 and 11-12.
Your instructor will schedule modules according to this timeframe.

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### Mode of Delivery

**Distance learning**

The BTA Distance learning aligns to the Nationally Recognised Units of Competency as per below:

<table>
<thead>
<tr>
<th>Nationally Recognised Units of Competency</th>
<th>BTA Distance learning</th>
</tr>
</thead>
<tbody>
<tr>
<td>HLTAAP003  Analyse and respond to client health information</td>
<td>Anatomy and Physiology Assessments 1-4 Bowen Specific Anatomy Assessments 1-4</td>
</tr>
<tr>
<td>HLTCOM502C  Develop professional expertise</td>
<td>Research Task</td>
</tr>
<tr>
<td>HLTCOM503D  Manage a practice</td>
<td>Manage A Practice Task</td>
</tr>
</tbody>
</table>

**Practical learning**

The Nationally Recognised Units of Competency apply to all of the BTA Practical In-Class learning as per below table:

<table>
<thead>
<tr>
<th>Nationally Recognised Units of Competency</th>
<th>BTA Practical Learning</th>
</tr>
</thead>
<tbody>
<tr>
<td>BOWASS500A  Perform specialised Bowen Therapy health assessment</td>
<td>Practical Module 8  Practical Module 9</td>
</tr>
<tr>
<td>BOWAPP501A  Apply specialised Bowen Therapy assessment to develop treatment plan</td>
<td>Practical Module 10  Practical Module 11  Practical Module 12</td>
</tr>
<tr>
<td>BOWPLA502A  Select specialised Bowen Therapy treatment procedures for client treatment strategy</td>
<td>Logbook – A record of Practical experience of 150 hours of treatments completed outside of class.  10 Case Studies - A record of progress over 3 consecutive treatments</td>
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<tr>
<td>BOWPRO503A  Provide Specialised Bowen Therapy treatment</td>
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<tr>
<td>HLTHIR501C  Maintain an effective health work environment</td>
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<tr>
<td>CHCLEG003   Manage legal and ethical compliance</td>
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<tr>
<td>CHCPRP003   Reflect and improve own professional practice</td>
<td>Written Reflection</td>
</tr>
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