





# **Tensegrity Medicine 1**

with

Kelly Clancy
Bowenwork Instructor USA

Adelaide: 29 February – 1 March

Perth: 6 – 7 March

## This workshop explores:

This two day assessment workshop utilises the newest principles and understanding of the biotensegrity paradigm as a framework to understanding the global connections of the body. Tensegrity Medicine 1 will give you the tools and objective measures to provide a three-dimensional assessment based on the latest science of the nervous system, fascia and relational anatomy. By learning to objectively test and document global patterns from a Tensegrity Medicine perspective, you will then be able identify the most appropriate Bowen moves to perform, helping to avoid over-treatment and staying true to a "less is more" philosophy. With these biotensegrity informed assessments, you will be able to educate your clients on the source of their discomfort, which is often not the site of their pain, communicate progress to other providers using objective measures, and document outcomes for further treatment.

**Note:** This workshop expands on Kelly's 2015 workshop, *Bowenwork, Tensegrity & The Fascial Lines*. If you have already completed either *Tensegrity Medicine 1* (2017) or *Bowenwork, Tensegrity Medicine & The Fascial Lines* (2015), you may attend **Tensegrity Medicine 2** or the new **Tensegrity Medicine Revision and Review** workshop to deepen your skills.

### In the workshop:

- You will understand the concept of tensegrity, biotensegrity and its connection to Bowenwork treatment
- You will gain specific knowledge regarding the kinetic chains and commonly seen pathologies related to force transmission
- You will learn to objectively analyse and document postural patterns in the biotensegral system as they relate to function and posture
- You will learn to select and perform Bowen procedures in a modified position based on biotensegral testing outcomes
- You will learn to objectively evaluate and document pre- and post-treatment findings in order to determine the efficacy of treatment.
- You will be able to establish a customised treatment plan based on these objective findings

## About Kelly Clancy, OTR/L, LMP, RBI



Kelly has been practicing in the field of rehabilitative medicine for more than 32 years. Her focus is not only on the physical issues that may be present in disease and dysfunction but also on the relationship of and influence of stress, cognitive belief patterns, and emotions within the physical form.

She uses biotensegrity principles as the foundation for evaluation processes, targeted light touch manual therapies, movement integration and dialoguing as a means to restore three dimensional balance and homeostasis within the whole person.

She is an occupational therapist, certified hand therapist, holistic health counsellor and a board-certified structural integrator and massage therapist.

Kelly teaches nationally and internationally on the therapeutic methodology that she developed called Tensegrity Medicine. She is on clinical faculty at the University of Washington's rehabilitation department where she lectures on the topics of fascia, biotensegrity, innovative light touch manual therapies, and body-mind medicine. She also teaches internationally as a senior instructor for the Bowen Academy of Australia.

#### Cost

This 2-day workshop costs \$485. If you are completing it with Tensegrity Medicine 2, it is available at a discounted price of \$900.

#### **CE Credits**

Tensegrity Medicine 1 is worth 16 hours CE – BAA Category 1.

**Venues** 

Adelaide: SportSA, Military Rd, West Beach SA 5024

See map here

Perth: Belmont Sports & Recreation Club, Cnr Keane St & Abernathy Rd,

Cloverdale WA 6105

See map here

#### **Accommodation available**

Adelaide: Arabella on West Apartments, just 5min walk from the venue

Bookings here

Perth: Aloft Perth, 10min drive from the venue

Bookings here

## Also available: Tensegrity Medicine 2

Interested in deepening your skills? Join us for **Tensegrity Medicine 2** in Adelaide 2-3 March or Perth 8-9 March. Available at a discounted price of \$900 for both workshops. This course is available to attendees of Tensegrity Medicine 1, as well as attendees of Kelly's 2015 workshop, Bowenwork, Tensegrity and the Fascial Lines. See our workshop flyer, Tensegrity Medicine 2 for further details. Additionally, Kelly will offer a new workshop, **Tensegrity Medicine Revision and Review** in Sydney on 22-24 February. More information is available on our website **here.** 

## **Register Now**

Course numbers are strictly limited. Please register now on our website <a href="https://bowentraining.com.au/bta-instructors/kelly-clancy/">https://bowentraining.com.au/bta-instructors/kelly-clancy/</a> to avoid disappointment! Your full payment secures your place.

### **Cancellation policy**

Minimum numbers are required for this workshop to go ahead. Payments are non-refundable except in the event that BTA cancels the class. Should minimum numbers not be reached, BTA will provide at least 2 weeks notice of cancellation. We strongly recommend attendees purchase changeable or refundable airline tickets and accommodation or other flexible travel arrangements to avoid extra expense in the event of cancellation.

## **REGISTRATION FORM**

## **Kelly Clancy Workshop**

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Level 1 & 2		29 Feb-3 Mar (\$900)	)	6-9 Mar (\$900) O	lar (\$900) O	
Adelaide	Sport SA, Mili	tary Road, West Beach SA	A 5024	(9am-5pm)		
Perth	Belmont Sports & Recreation Club, Cnr. Keane Street & Abernathy Road, Cloverdale WA 6105 (9am-5pm)					
I can bring a massage table & linen (PLEASE TICK ✔): I have completed Module 7 <i>Applicable for Level 2 only</i>				YES O YES O	NO O	
I enclose (PLE	ASE TICK ✔):					
<ul><li>Full payment of \$485 for 1 workshop</li><li>Full payment of \$900 for 2 workshops</li></ul>						
Payment detail	s (PLEASE TIC	K ✔):				
O Direct Deposit: Bowen Training Australia BSB: <b>083-625</b> A/C No: <b>7344-574</b> Payment reference: <b>KC</b> < <b>YOUR</b> SURNAME>						
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Print, scan/photograph & email to <a href="mailto:info@bowentraining.com.au">info@bowentraining.com.au</a> OR post to Bowen Training Australia PO Box 108, Margate QLD 4019