





# **Tensegrity Medicine 2**

with

Kelly Clancy
Bowenwork Instructor USA

Adelaide: 2 – 3 March

Perth: 8 – 9 March

### This workshop explores:

This two-day assessment workshop utilises the newest principles and understanding of the biotensegrity paradigm as a framework to understanding the global connections of the body. Tensegrity Medicine 2 will give you the tools and objective measures to provide a three-dimensional assessment based on the latest science of the nervous system, fascia and relational anatomy. By learning to objectively test and document global patterns from a Tensegrity Medicine perspective, you will then be able identify the most appropriate Bowen moves to perform, helping to avoid overtreatment and staying true to a 'less is more' philosophy. With these biotensegrity informed assessments, you will be able to educate your clients on the source of their discomfort, which is often not the site of their pain, communicate progress to other providers using objective measures, and document outcomes for further treatment.

This course will build on the tools you learned in the first course with the goal of facilitating a more targeted and effective treatment for your clients. Review testing learned in the previous course to fine-tune your skills. Learn new Myofascial testing protocols for the arms, hips and neck. Also learn orthopaedic and functional movement testing as a way to better understand relational anatomy. Finally, you'll learn to use all of these objective measures to troubleshoot and create and effective treatment plans for your clients.

Note: This workshop expands on Kelly's 2015 workshop, *Bowenwork, Tensegrity & The Fascial Lines*. If you have already completed either *Tensegrity Medicine 1* (2017/2020) or *Bowenwork, Tensegrity Medicine & The Fascial Lines* (2015), you may attend **Tensegrity Medicine 2** or the new **Tensegrity Medicine Revision and Review** workshop to deepen your skills.

#### Workshop pre-requisite:

Tensegrity Medicine I (2017/2020) **OR** Bowenwork, Tensegrity and the Fascial Lines (2015) **OR** Diploma of Specialised Bowen Therapy 10534NAT (or equivalent).

### In the workshop:

- You will be able to perform new biotensegral testing protocols for the hips, neck and arms
- You will learn orthopaedic assessments and functional movement screens to better understand relational anatomy
- You will learn how to use the data collected to develop a customised treatment program for your clients
- You will learn how to problem-solve and create a treatment plan based on the 'less is more' philosophy

### About Kelly Clancy, OTR/L, LMP, RBI



Kelly has been practicing in the field of rehabilitative medicine for more than 32 years. Her focus is not only on the physical issues that may be present in disease and dysfunction but also on the relationship of and influence of stress, cognitive belief patterns, and emotions within the physical form.

She uses biotensegrity principles as the foundation for evaluation processes, targeted light touch manual therapies, movement integration and dialoguing as a means to restore three dimensional balance and homeostasis within the whole person.

She is an occupational therapist, certified hand therapist, holistic health counsellor and a board-certified structural integrator and massage therapist.

Kelly teaches nationally and internationally on the therapeutic methodology that she developed called Tensegrity Medicine. She is on clinical faculty at the University of Washington's rehabilitation department where she lectures on the topics of fascia, biotensegrity, innovative light touch manual therapies, and body-mind medicine. She also teaches internationally as a senior instructor for the Bowen Academy of Australia.

#### Cost

This 2-day workshop costs \$485. If you are completing it with Tensegrity Medicine 1, it is available at a discounted price of \$900. Please use the Discount Code **TM1and2** at checkout on our website.

#### **CE Credits**

Tensegrity Medicine 1 is worth 16 hours CE – BAA Category 1.

#### Venues

Adelaide: SportSA, Military Rd, West Beach SA 5024

See map here

Perth: Belmont Sports & Recreation Club, Cnr Keane St & Abernathy Rd,

Cloverdale WA 6105

See map here

#### Accommodation available

Adelaide: Arabella on West Apartments, just 5min walk from the venue

Bookings here

Perth: Aloft Perth, 10min drive from the venue

Bookings here

### Also available: Tensegrity Medicine Revision and Review

Interested in deepening your skills? Join us for Kelly's new workshop, **Tensegrity Medicine Revision and Review** in Sydney on 22-24 February. Price is \$660 for 3 days. This course is available to attendees of Tensegrity Medicine 1, as well as attendees of Kelly's 2015 workshop, Bowenwork, Tensegrity and the Fascial Lines. More information is available on our website **here**.

### **Register Now**

Course numbers are strictly limited. Please register now on our website <a href="https://bowentraining.com.au/bta-instructors/kelly-clancy/">https://bowentraining.com.au/bta-instructors/kelly-clancy/</a> to avoid disappointment! Your full payment secures your place.

### **Cancellation policy**

Minimum numbers are required for this workshop to go ahead. Payments are non-refundable except in the event that BTA cancels the class. Should minimum numbers not be reached, BTA will provide at least 2 weeks notice of cancellation. We strongly recommend attendees purchase changeable or refundable airline tickets and accommodation or other flexible travel arrangements to avoid extra expense in the event of cancellation.

### **REGISTRATION FORM**

## **Kelly Clancy Workshop**

| NAME                                                                                                                           |                                                      |                                                                                                               |                                                |                                      |                                         |  |
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| EMAIL                                                                                                                          |                                                      |                                                                                                               |                                                |                                      |                                         |  |
| I will attend the following workshop(s) (PLEASE TICK ✔):                                                                       |                                                      |                                                                                                               |                                                |                                      |                                         |  |
|                                                                                                                                |                                                      | ADELAIDE:                                                                                                     |                                                | PERTH:                               | PERTH:                                  |  |
| Level 2                                                                                                                        |                                                      | 8-9 Mar (\$485)                                                                                               | 0                                              | 1-2 Mar (\$                          | 485) 🔾                                  |  |
| Adelaide                                                                                                                       | Adelaide Sport SA, Military Road, West Beach SA 5024 |                                                                                                               |                                                | (9am-5pm)                            |                                         |  |
| Perth                                                                                                                          | •                                                    | Belmont Sports & Recreation Club, Cnr. Keane Street & Abernathy Road, Cloverdale WA 6105 (9am-5pm)            |                                                |                                      |                                         |  |
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| I can bring a massage table & linen (PLEASE TICK ✔):                                                                           |                                                      |                                                                                                               | <b>✓</b> ):                                    | YES O                                | NO O                                    |  |
| I have completed Tensegrity Medicine 1 (2017/2020) OR Bowenwork, Tensegrity and the Fascial Lines (2015)                       |                                                      |                                                                                                               |                                                | YES O                                | NO O                                    |  |
| I enclose (PLEASE TICK ✔):  ○ Full payment of \$485 for 1 workshop                                                             |                                                      |                                                                                                               |                                                |                                      |                                         |  |
| Payment detail                                                                                                                 | ls (PLEASE TIC                                       | ⟨✔):                                                                                                          |                                                |                                      |                                         |  |
| O Direct Deposit: Bowen Training Australia BSB: <b>083-625</b> A/C No: <b>7344-57448</b> Payment reference: KC < YOUR SURNAME> |                                                      |                                                                                                               |                                                |                                      |                                         |  |
| O Cred                                                                                                                         | dit card                                             | Someone will call you for y                                                                                   | our c-c details                                | O Visa                               | O Mastercard                            |  |
| Cancellation P                                                                                                                 | olicy                                                |                                                                                                               |                                                |                                      |                                         |  |
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| O Yes, I have read and agree to BTA's cancellation policy.                                                                     |                                                      |                                                                                                               |                                                |                                      |                                         |  |
| Name                                                                                                                           |                                                      | Signed                                                                                                        | Signed Date                                    |                                      | ate                                     |  |

Print, scan/photograph & email to <a href="mailto:info@bowentraining.com.au">info@bowentraining.com.au</a> OR post to Bowen Training Australia PO Box 108, Margate QLD 4019