



## **Tensegrity Medicine Revision and Review**

with

**Kelly Clancy**

**Bowenwork Instructor USA**

**Sydney: 22 – 24 February**

This three-day course is for students wanting to review and stay current in their understanding of Tensegrity Medicine practice.

We will reunite to learn about the newest research coming out about biotensegrity, fascia, the nervous system and the use of sensory-based inquiry.

We will review myofascial testing and treatment principles, relational anatomy and new ideas about how cognition, emotion, and beliefs can shape our physiology.

You will learn the newest modifications of myofascial assessment and treatment and learn more about the 'holistic assessment'.

- Come, reunite with your classmates and review myofascial testing and treatment principles
- Practice and receive customised biotensegrity based assessment and treatment
- Share your experiences with the work, learn and discuss clinical case examples
- Review pathologies from a Tensegrity Medicine perspective
- Learn concepts related to psychotensegrity and how thoughts, emotions, and perceptions can change our physiology

This workshop incorporates the newest principles of the biotensegrity paradigm as a framework for assessing and understanding the body.

This course will update you with the tools and objective measures to provide a three-dimensional assessment-based treatment.

By learning to objectively test and treat global patterns from a Tensegrity Medicine perspective, you will be able to accurately identify the most appropriate Bowen moves to perform, helping to avoid over-treatment and staying true to a "less is more" philosophy.

With this biotensegrity informed treatment approach, you will be able to educate your clients on the source of their discomfort, which is often not the site of pain, communicate progress to other providers using objective measures, and document outcomes for further treatment.

## Workshop pre-requisite:

Tensegrity Medicine I (2017) **OR** Bowenwork, Tensegrity and the Fascial Lines (2015) **OR** Diploma of Specialised Bowen Therapy 10534NAT (or equivalent).

## In the workshop:

- The student will understand the latest scientific concepts related to biotensegrity and how it relates to a Bowenwork session.
- The student will gain specific knowledge regarding kinetic chains, and commonly seen pathologies related to force transmission.
- The student will learn to objectively analyze and document postural patterns in the biotensegral system as they relate to function and posture.
- The student will learn to select and perform Bowen procedures in a modified position based on biotensegral testing outcomes.
- The student will learn to objectively evaluate and document pre- and post-treatment findings in order to determine the efficacy of treatment.
- The student will be able to establish a customised treatment plan based on these objective findings.

## About Kelly Clancy, OTR/L, LMP, RBI



Kelly has been practicing in the field of rehabilitative medicine for more than 32 years. Her focus is not only on the physical issues that may be present in disease and dysfunction but also on the relationship of and influence of stress, cognitive belief patterns, and emotions within the physical form.

She uses biotensegrity principles as the foundation for evaluation processes, targeted light touch manual therapies, movement integration and dialoguing as a means to restore three dimensional balance and homeostasis within the whole person.

She is an occupational therapist, certified hand therapist, holistic health counsellor and a board-certified structural integrator and massage therapist.

Kelly teaches nationally and internationally on the therapeutic methodology that she developed called Tensegrity Medicine. She is on clinical faculty at the University of Washington's rehabilitation department where she lectures on the topics of fascia, biotensegrity, innovative light touch manual therapies, and body-mind medicine. She also teaches internationally as a senior instructor for the Bowen Academy of Australia.

## Cost

This 3-day workshop costs \$660.

## **CE Credits**

Tensegrity Medicine Revision and Review is worth 24 hours CE - BAA Category 1.

## **Venue**

Sydney: The Centre, 14 Frances St Randwick NSW 2031  
See map [here](#)

## **Accommodation available**

Sydney: Accommodation is available at the venue  
Bookings [here](#)

## **Register Now**

Course numbers are strictly limited. Please register now on our website <https://bowentraining.com.au/bta-instructors/kelly-clancy/> to avoid disappointment! Your full payment secures your place.

## **Cancellation policy**

Minimum numbers are required for this workshop to go ahead. Payments are non-refundable except in the event that BTA cancels the class. Should minimum numbers not be reached, BTA will provide at least 2 weeks notice of cancellation. We strongly recommend attendees purchase changeable or refundable airline tickets and accommodation or other flexible travel arrangements to avoid extra expense in the event of cancellation.

# REGISTRATION FORM

## Kelly Clancy Workshop

NAME \_\_\_\_\_

POSTAL ADDRESS \_\_\_\_\_

SUBURB \_\_\_\_\_ STATE \_\_\_\_\_ POST CODE \_\_\_\_\_

MOBILE \_\_\_\_\_ OTHER PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

I will attend the following workshop(s) (PLEASE TICK ✓):

### SYDNEY:

Revision & Review 22-24 Feb (\$660)

**Sydney** The Centre, 14 Frances St Randwick NSW 2031 (9am-5pm)

I can bring a massage table & linen (PLEASE TICK ✓): YES  NO

I have completed Tensegrity Medicine 1 (2017) OR  
Bowenwork, Tensegrity and the Fascial Lines (2015) OR  
Diploma of Specialised Bowen Therapy YES  NO

I enclose (PLEASE TICK ✓):

Full payment of \$660 for 1 workshop

Payment details (PLEASE TICK ✓):

Direct Deposit: *Bowen Training Australia* BSB: **083-625** A/C No: **7344-57448**

Payment reference: **KC <YOUR SURNAME>**

Credit card Someone will call you for your c-c details  Visa  Mastercard

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Yes, I have read and agree to BTA's cancellation policy.

Name \_\_\_\_\_ Signed \_\_\_\_\_ Date \_\_\_\_\_

Print, scan/photograph & email to [info@bowentraining.com.au](mailto:info@bowentraining.com.au) OR post to Bowen Training Australia  
PO Box 108, Margate QLD 4019