BOWTECH®
The Original Bowen Technique

Bowen Body Decoding

with

Georgi Ilchev,
Senior Bowtech Instructor (Bulgaria)

Brisbane: 3-6 November, 2023

About the workshop:

Bowen Body Decoding is a 4-day workshop series (Part A – Lower Body, Part B – Upper Body) focusing on an individualised approach to assessing patients. It is essential for any Bowen Therapist to understand the importance of detailed anamnesis, good observation and precise assessment in order to achieve quick, solid and lasting results. Through observation and physiotherapy assessments, practitioners will be able to easily target the area(s) of concern and achieve higher success rates.

This class will aid Bowen therapists in extending their knowledge to achieve a better understanding of how the Bowen technique works and the changes it brings to the body.

Workshop pre-requisite:

Module 10. Part B requires Part A *(or Bowen Body Decoding completed in 2018.)*

CE Credits:

This workshop is worth up to 32 hours CE – BAA Category 1.
16 hours for Part A and 16 hours for Part B.

Please note: this workshop is not part of BTA's nationally-recognised training, however it is Bowtech-accredited and eligible for CEU points with BAA.

In the workshop, we will cover:

Part A (2 days) – Lower Body
Part B (2 days) – Upper Body

1. What happens under the skin?

    * How each part of the Bowen move affects the body

    * What is the scientific basis behind the Bowen move?

2. How tissues respond to different types of pressure

    * Different proprioceptors in the body and their function

    * How different speeds, pressure and depth of Bowen moves lead to a different body response

    * How to "order the outcome" through a better understanding of body language

3. Anamnesis

    * Its importance and what to ask for

4. Observation

    * What to look for and how to determine asymmetry

5. Physiotherapy assessment tests before treatment

    * An algorithm to approach musculoskeletal disorders and asymmetry

    * Different physio assessments will be demonstrated for therapists to gather useful data for the area or/and the muscle/s responsible for the problem. A selective, targeted approach is promoted for Bowenwork.

6. Treat the reason not the symptom

    * Target your treatment based on your assessments to address the area and structures that are *causing* the symptoms

7. Reassessment during and after treatment

8. Biorhythms and Bowen

    * Another Bowen perspective to approach non-resolving cases. A good way to achieve success for cases where we've reached a "dead-end."

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About Georgi Ilchev (Bulgaria)
Senior Bowtech Instructor
President of the Bowen Therapy Association of Bulgaria

A graduate of the Physiotherapy Department of the University of Rousse (2001), Georgi possesses considerable knowledge in anatomy, physiology, biomechanics, kinesiology and functional diagnosis of the human body. He ran a regular Ph.D program on "Specifying the technique of performance in the manual muscle testing of some muscle or muscle groups" between 2002 – 2007, and graduated from the Public Health department of the Medical University in Sofia, specialising in Health Management in 2007. Georgi has authored seven publications in the field of manual muscle testing and kinesiology and three publications in the Bowen therapy field.

He has run a successful private practice as a Physiotherapist since 2001 in Sofia, Bulgaria and been a Senior Bowtech Instructor since 2015.

Feedback for Bowen Body Decoding

"We studied this course after Module 7. There were so many points that made everyone go," aha!" By lunchtime of the first day we were discussing how Georgi's presentation made so much sense; it tied everything from Modules 1-7 together and gave a solid diagnostic framework from which to approach each new client. I would recommend this to every Module 7 and Bowen practitioner but every level will benefit. Enjoy the course!"
Sarah Owen

"This was an extremely useful session. The explanation and practice of functional assessments were very useful. Also, I have a better understanding about what happens during slack, challenge and move stages. The meridian chart associated with symptoms and treatment plan is a brilliant thing to have."
Niranga Abeyakoon

REGISTRATION FORM
Georgi Ilchev Workshop

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NAME _____

POSTAL ADDRESS_____

SUBURB_____STATE_____POST CODE _____

MOBILE_____OTHER PHONE_____

EMAIL_____

I will attend the following workshop(s)   (PLEASE TICK ✔):

Bowen Body Decoding (Part A: 2 days, Part B: 2 days)

BRISBANE:
Part A: 3-4 Nov ($550) ❍
Part B: 5-6 Nov ($550) ❍
A & B: 3-6 Nov ($950) ❍

Brisbane   **Homestead Tavern** 114 Zillmere Rd Boondall QLD 4035   (9am-5pm)

	(PLEASE TICK ✔):	
I can bring a massage table & linen (1 table required between 2)	YES	NO
I have completed Module 10	YES	NO

Payment details (PLEASE TICK ✔):
        Full amount
        $100 deposit with balance payable 20th October 2023

❍ Direct Deposit: *Bowen Training Australia* BSB: **083-625** A/C No: **7344-57448**
                        Payment reference: **GI** *<YOUR SURNAME>*
❍ Charge my credit card   ❍ Visa   ❍ Mastercard

    _ _ _ _ / _ _ _ _ / _ _ _ _ / _ _ _ _   Exp: _ _ / _ _   CSC: _ _ _

Please note: Your registration is not confirmed until your payment has been received. Places are strictly limited and anticipated to sell out.

Cancellation Policy
Minimum numbers are required for this workshop to go ahead. Payments are non-refundable except in the event that BTA cancels the class. Should minimum numbers not be reached, BTA will provide at least 2 weeks notice of cancellation. We strongly recommend attendees purchase changeable or refundable airline tickets and accommodation or other flexible travel arrangements to avoid extra expense in the event of cancellation.

❍   Yes, I have read and agree to BTA's cancellation policy.

Name _____ Signed _____ Date _____

Print, scan/photograph & email to info@bowentraining.com.au OR post to Bowen Training Australia
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